



Sunday July 9 th				
10:30am-12:30PM Conference and Housing Check-in	1:15pm-2:45pm Welcome/Orientation	3:00-4:00 IN It to Win it Together	4:15pm-6:30pm Team Building	6:45-10:00pm Bunco Social

**** Schedule Subject to Change****

	Monday July 10th	Tuesday July 11th	Wednesday July 12th	Thursday July 13th	Friday July 14th	Saturday July 15th	
6:00am-7:00am	Beach Walk Morning Workout	Beach Walk Morning Workout	Beach Walk Morning Workout	Beach Walk Morning Workout	Beach Walk Morning Workout	8:00-10:00am Check out 8:00-9:15am CAPE Planning 2024 8:00-9:15am International Games 9:30-10:30am CAPE Wrap Up	
7:00am-8:15am	Yoga Partner Dances	Yoga Partner Dance	Yoga Hike "P"	Street Racket Cert. 3 GOPHER	Orienteering GOPHER		
8:30am-9:45am	Tennis in PE Line Dances	Large Group Games Line Dance	Volleyball Speedminton	Speedball Building a high school program	Rounders Street Racket Cert. 4		
10:00am-11:15am	DEI Ninja Warrior on the Move	DEI Tennis in PE	Street Racket Cert. 1 Volleyball	Paddleminton Sports performance for all ages	"Live" Lessons for the DRIVE Sports performance		
11:15am-12:15pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
12:30pm-1:45pm	Tennis in PE Multicultural Dance	Large Group Games Tennis in PE	Tchoukball Speedminton	Golf Scramble Tee times: 12:30-5:00	Creating a Program Cal Poly Recruitment		
2:00pm-3:15pm	DEI OPEN to the Joy of Moving	DEI Multicultural Dance	Speed ball Street Racket Cert. 2	Hike 12:30-5:00 Bishop Peak	Rounders Building a high school program		
3:30pm-5:30pm	Ultimate Frisbee Tourney	Tennis Tourney	Sand V-ball Tourney		Innertube Water Polo Tourney		
6:00pm-9:00pm	BBQ Social	Bonfire Grover Beach	Casino Night <i>Theme: Speakeasy</i>	SLO Market & Scavenger Hunt			